

Course Outline:

SUNDAY, AUGUST 2, 2026

3:00 pm Registration and Check-In
Moderator: Robert B. Baron, MD, MS

5:00 Welcome and Course Overview
Robert B. Baron, MD, MS

5:10 **RxG** Controversies in Cancer Screening 2026: Colon, Prostate, Lung and Cervix
Judith M. E. Walsh, MD, MPH

6:00 **RxG** Prevention and Treatment of Breast Cancer: Letting Wisdom Be the Guide
Jeffrey Tice, MD

6:50 pm Adjourn

MONDAY, AUGUST 3, 2026

7:00 am Continental Breakfast
Moderator: Robert B. Baron, MD, MS

7:30 **RxG** Management of Coronary Artery Disease: How Should the New Guidelines Change Our Practice?
Michael G. Shlipak, MD, MPH

8:20 **RxG** Advances in Prevention and Treatment of Stroke: What Every Primary Care Clinician Should Know
Kenneth A. Fox

9:10 Break

9:30 **RxG** Management of Depression and Suicidality in Primary Care
Emma Samelson-Jones, MD

10:20 **RxG** Sunscreens, “Spots” and Skin Cancer
Lindy P. Fox, MD

11:10 am Adjourn

TUESDAY, AUGUST 4, 2026

7:00 am Continental Breakfast
Moderator: Paul Nadler, MD

7:30 **RxG** Management of Sexually Transmitted Infections
Paul Nadler MD

8:20 **RxG** Understanding Substance Use Disorders: Best Practices in Treating Opioid Use Disorder and Chronic Pain
Jessica Ristau, MD

9:10 **RxG** Heart Failure: New Strategies for Diagnosis and Treatment
Michael G. Shlipak, MD, MPH

10:00 Break

10:20. Concurrent Workshops (select one)

A: **RxG** Management of Obesity in Office Practice: How Do We Best Utilize the New Medications?
Robert B. Baron, MD, MS

B: **RxG** Dermatologic Procedures in Primary Care*
Lindy P. Fox, MD

11:30 am Adjourn

WEDNESDAY, AUGUST 5, 2026

7:00 am Continental Breakfast
Moderator: Jeffrey Tice, MD

7:30 **RxG** Current and Emerging Strategies for Osteoporosis
Jeffrey Tice, MD

8:20 **RxG** What's New in Management of Menopause and Peri-menopausal Symptoms?
Judith M.E. Walsh, MD, MPH

9:10 **RxG** Chronic Kidney Disease: Integrating New Tests, New Guidelines, and New Medications
Michael B. Shlipak, MD, MPH

10:00. Break

10:20. Concurrent Workshops (select one)

A: **RxG** The 15-Minute Hour: Common Mental Health Dilemma in Primary Care
Emma Samelson-Jones, MD

B: **RxG** Assessment and Initial Treatment of Orthopedic Problems Commonly in Primary Care*
Paul Nadler, MD

11:30 am Adjourn

THURSDAY, AUGUST 6, 2026

7:00 am Continental Breakfast

Moderator: Jessica Ristau, MD

7:30 **RxG** Current Approach to Alcohol, Benzodiazepines, and Stimulant Use in Primary Care
Jessica Ristau, MD

8:20 **RxG** Best Practices in Urgent Care: Managing Common Acute Disorders in Office Practice
Paul Nadler, MD

9:10 **RxG** Common Dermatologic Disorders: Tips for Diagnosis and Management
Lindy P. Fox

10:00 Break

10:20. Concurrent Workshops (select one)

A: **RxG** Clinical Dilemma in Neurology for Primary Care Clinicians
Kenneth A. Fox, MD

B: **RxG** Maximizing Communication Skills with Patients with Substance Use Disorder:
Motivational Interviewing, Boundary Setting, and Getting to No*
Jessica Ristau, MD

11:30 am Adjourn

FRIDAY, AUGUST 7, 2026

7:00 am Continental Breakfast

Moderator: Judith M.E Walsh, MD, MPH

7:30 **Rx** Providing Quality Contraceptive Care in Primary Care
Judith M.E. Walsh, MD MPH

8:20 **RxG** Medications and Psychotherapy for Managing Anxiety
Emma Samelson-Jones, MD

9:10 Break

9:30 **RxG**. New Guidelines for Prevention and Treatment of Migraine
Jeffrey Tice, MD

10:20 **RxG**. Dermatologic Infectious Disease: Viral, Fungal, and Bacterial Skin Diseases
Lindy Fox, MD

G = Geriatric Credit

Rx = Meets Requirements for Pharmacotherapeutics CEUs for NPs/Nurses

***** = In-person only

Chair:

Robert B. Baron, MD, MS

Professor of Medicine

Faculty:

(University of California, San Francisco)

Lindy P. Fox, MD

Professor of Dermatology

Director, Hospital Consultation Service

Director, Complex Medical Dermatology Fellowship

Kenneth Fox, MD

Chief Neurologist

Kaiser Permanente San Francisco

Paul Nadler, MD

Professor of Medicine

Medical Director, UCSF Screening and Acute Care Clinic

Jessica Ristau, MD

Assistant Professor of Medicine and Addiction Medicine

Emma Samelson-Jones, MD

Associate Professor of Psychiatry and Behavioral Sciences and Department of Medicine

Site Director, Medical Student Education, Psychiatry

Michael G. Shlipak, MD, MPH

Professor of Medicine, Epidemiology & Biostatistics

Associate Chief of Medicine for Research Development

San Francisco VA Medical Center

Jeffrey Tice, MD

Professor of Medicine

Judith M. E. Walsh, MD, MPH

Professor of Medicine and of Epidemiology and Biostatistics

Associate Medical Director, UCSF Women's Health Primary Care Practice